The emerging epidemiology of mould infections in developing countries Arunaloke Chakrabarti and Rachna Singh

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Current Opinion in Infectious Diseases 2011, 24:000–000

Purpose of review

The present review describes the emerging trends of mould infections in developing countries, and highlights the major epidemiological differences from the developed countries.

Recent findings

The limited data available from developing countries suggest an alarming increase in invasive mould infections, especially aspergillosis and mucormycosis, and also a difference in risk factors and causative agents between the developed and developing world. Sino-orbital, cerebral and ophthalmic infections due to *Aspergillus flavus* are the major clinical types in aspergillosis, after pulmonary aspergillosis. *Aspergillus and Fusarium* spp. are frequent causes of trauma-associated keratitis in agricultural workers. Rhino-orbito-cerebral presentation associated with uncontrolled diabetes is the predominant mucormycosis. Isolated renal mucormycosis has emerged as a new clinical entity. *Apophysomyces elegans* and *Mucor irregularis* are emerging species in these regions and uncommon agents such as *Rhizopus homothallicus* have also been reported. Many pathogens are geographically restricted, with *Pythium insidionum*, *Rhinocladiella mackenziei* and *M. irregularis* being described almost exclusively from Thailand, Middle East and China, respectively.

Summary

Despite limited studies, certain peculiarities have been observed in invasive mould infections in developing countries, including a high incidence of ophthalmic lesions, mucormycosis and aspergillosis; few different clinical presentations; and a varied spectrum of pathogens involved in such lesions.

Keywords

aspergillosis, developing countries, emerging fungal infections, epidemiology, mucormycosis

Curr Opin Infect Dis 24:000-000 © 2011 Wolters Kluwer Health | Lippincott Williams & Wilkins 0951-7375

Introduction

Mould infections are a significant public health problem worldwide $[1,2^{\bullet\bullet},3,4,5^{\bullet},6,7^{\bullet},8,9^{\bullet\bullet}-11^{\bullet\bullet}]$. They are being increasingly reported from the developing countries, with invasive mould infections (IMIs) emerging as a major concern owing to the alarming rise in their incidence, and the high morbidity and mortality associated with such infections $[1,2^{\bullet\bullet},5^{\bullet},6,11^{\bullet\bullet},12^{\bullet\bullet},13]$.

The increasing frequency of IMIs in the developing world has been attributed to the environmental and host factors prevalent in such regions [2^{••}]. The majority of the developing countries are located in the tropical and sub-tropical zones, and provide an optimum environment for survival and growth of moulds [2^{••}]. The population in these countries comprises a large economically deprived section, facing poor hygiene, poor sanitation and belowoptimum health-care facilities, and also a limited prosperous section availing the modern medical interventions including transplants and intensive therapy for malignancies $[2^{\bullet\bullet}]$. IMIs occur more frequently in both these population extremes, albeit for different reasons $[2^{\bullet\bullet}, 12^{\bullet\bullet}]$. A large number of untrained health-care providers, the misuse of steroids, intravenous drug abuse and easy availability of spurious medical-care infusion sets further contribute to the high incidence of IMIs in such countries $[2^{\bullet\bullet}]$.

The precise epidemiology of mycotic infections in developing countries is not well known, due to the limited availability of data as a result of sub-optimal awareness, inadequate reporting and diagnostic facilities $[2^{\bullet\bullet},4]$. However, the available data suggest a considerable variation in the epidemiology of IMIs in the developing and developed world, with differences in the risk factors and causative agents involved $[1,2^{\bullet\bullet},6,7^{\bullet},8]$. The present review describes the emerging trends of mould infections in developing countries, and highlights the major differences in epidemiology from the developed countries, with emphasis on aspergillosis and mucormycosis.

Aspergillosis

Invasive aspergillosis is an important cause of morbidity and mortality amongst hospitalized patients in developing countries [2^{••}]. Several centres from India, China, Taiwan, Thailand, Pakistan, Bangladesh, Sri Lanka, Malaysia, Iran, Iraq, Saudi Arabia, Egypt, Sudan, South Africa, Turkey, Hungary, Brazil, Chile, Colombia, and Argentina have reported series of invasive aspergillosis [2^{••},5[•],14–16]. Such an increased incidence rate of invasive aspergillosis in developing countries has been attributed to the high environmental spore count of *Aspergillus* spp., inadequate air-quality precautions during construction work in the vicinity of neutropenic patients, and poor hospital-care practices [2^{••}].

Apart from the known risk factors such as haematological malignancies, solid tumours, and allogeneic haematopoietic stem cell, liver and lung transplants, invasive aspergillosis can occur in low-risk groups such as renal transplant recipients, with an incidence rate of 2-4% in developing countries [2^{••},12^{••}]. New risk factors including tuberculosis, diabetes, chronic obstructive pulmonary disease and chronic liver failure have also been associated with invasive aspergillosis in the developing world $[2^{\bullet\bullet}]$. An unusual outbreak of Aspergillus meningitis following the administration of spinal anaesthesia for caesarean section was reported in Sri Lanka after the tsunami disaster in 2005, and was linked to the sub-optimal storage of regular supply spinal needles in the warehouse due to huge donations received by the country during that period [17]. Furthermore, although primarily associated with immunocompromised patients, invasive aspergillosis has also been reported to occur in immunocompetent patients [2^{••}]. Nearly 14% 'of the patients suffering from invasive aspergillosis in developing countries do not possess any predisposing risk factor, especially those with isolated cerebral and rhinoorbital-cerebral (ROC) aspergillosis $[2^{\bullet\bullet}]$.

In addition to the classical invasive pulmonary aspergillosis, uncommon clinical presentations such as the invasive Aspergillus tracheobronchitis have been reported from developing countries [$2^{\bullet\bullet}$,18]. However, sino-orbital and cerebral aspergillosis are distinct clinical types in Asia, Africa and the Middle East [$2^{\bullet\bullet}$]. Amongst the different clinical types of fungal rhinosinusitis (FRS), acute invasive FRS and chronic invasive FRS have been reported from both developed and developing countries,

Key points

- The limited data available from developing countries suggest an alarming increase in invasive mould infections (IMIs), especially in aspergillosis and mucormycosis, and also a considerable difference between the common risk factors and causative agents of IMIs in the developed and the developing world.
- Sino-orbital, cerebral and ocular aspergillosis due to *Aspergillus flavus* are the emerging clinical types of aspergillosis in developing countries, with new risk factors including tuberculosis, diabetes, chronic obstructive pulmonary disease and chronic liver failure also being associated.
- *Aspergillus* and *Fusarium* spp. are frequent causes of mycotic keratitis in the tropics and the sub-tropics, especially trauma-associated lesions in agricultural workers.
- Rhino-orbito-cerebral presentation in patients with uncontrolled diabetes remains the most common manifestation of mucormycosis in developing countries; new clinical entities such as isolated renal mucormycosis and infections due to *Apophysomyces elegans*, *Mucor irregularis* and *Rhizopus homothallicus* are also emerging.
- *Pythium insidionum, Rhinocladiella mackenziei* and *M. irregularis* exhibit a geographically restricted distribution, and have been reported almost exclusively from Thailand, the Middle East and China, respectively.

whereas granulomatous invasive FRS is primarily seen in developing countries such as Sudan, India, Pakistan and Saudi Arabia [2^{••}]. Many developing countries with a warm, dry climate such as Saudi Arabia, India and Sudan also record a high number of allergic fungal rhinosinusitis (AFRS) cases due to A. flavus [8]. Another common allergic aspergillosis, namely allergic bronchopulmonary aspergillosis (ABPA), is recognized frequently amongst asthmatic patients in India, occurring in nearly 21 and 39% of the patients with bronchial asthma and acute severe asthma, respectively, instead of the commonly believed incidence rate of 1-2% [19]. The contemporaneous occurrence of ABPA and AFRS [sino-bronchial allergic mycosis (SAM) syndrome] or ABPA, AFRS and aspergilloma is also reported occasionally [20,21]. Aspergilloma prior to or consequent to ABPA poses a therapeutic challenge owing to the constant risk of aggravation with corticosteroids [20]. Moreover, cerebral aspergillosis is highly prevalent in the developing world, manifesting either as an extension of invasive (acute or chronic) FRS, or following haematogenous dissemination $[2^{\bullet\bullet}]$. However, the contiguous spread from paranasal sources is the common cause of central nervous system involvement in developing countries, owing to the high incidence of FRS in these regions $[2^{\bullet\bullet}]$.

Aspergillus spp. are also a frequent cause of mycotic keratitis, a common ocular fungal infection that accounts for nearly 50-60% cases of microbial keratitis in developing countries [9^{••}]. It usually occurs in the tropical and sub-tropical regions in healthy male agricultural workers following corneal injury due to traumatizing agents of plant or animal origin [9^{••}]. Many environmental factors such as humidity, rainfall and wind influence the occurrence of mycotic keratitis, and perhaps also determine the seasonal variations in the frequency of fungal isolation and types of fungi isolated [9**]. Aspergillus endophthalmitis is also an important clinical entity in developing countries, often manifesting as a post-traumatic infection or a postoperative infection in eye surgery camps [2^{••},22,23]. In an outbreak of endophthalmitis amongst apparently healthy individuals from a rural setting in India, the contaminated dextrose infusion fluid was described as the likely source of infection [23].

Aspergillus fumigatus is considered the leading cause of invasive aspergillosis worldwide [2**]. A. flavus, A. terreus and A. nidulans are also being increasingly reported, based upon regional distinctions [2^{••},7[•]]. A. flavus causes a disproportionately greater number of paranasal-sinus and eye infections in the developing countries $[2^{\bullet\bullet}, 7^{\bullet}]$. Nearly 50 and 80% of AFRS cases in India and the Middle East, respectively, have been attributed to this fungus [8]. These findings are in contrast to the developed world, where dematiaceous fungi are more commonly implicated in AFRS [8]. Such a high frequency of A. *flavus* isolation from developing countries may be due to a greater environmental prevalence of the fungus in these regions $[2^{\bullet \bullet}]$. A. nidulans is a common agent in chronic granulomatous disease [7[•]]. A. terreus remains relatively uncommon, but infections caused by this pathogen are often associated with high mortality rates, owing to its resistance to amphotericin B [7[•]].

Mucormycosis

The emergence of mucormycosis has been reported throughout the world in the past two decades, but the rise in developing countries has been phenomenal [1,5°,6, 11°°,13]. Many series of patients with mucormycosis have been reported from several countries including India, China, Taiwan, Kuwait and Latin America [1,6,11°°,13].

Although traditionally considered a community-acquired mycosis, mucormycosis is now recognized as a nosocomial infection as well, and has been associated with various procedures or devices used in hospitals, antifungal prophylaxis, bandages or medication patches, intravenous catheters and even tongue depressors [1,13,24,25]. Cheng *et al.* [26] recently reported a nosocomial outbreak of gastrointestinal mucormycosis due to *Rhizomucor microsporus* amongst patients with haematological malignan-

cies in China. On investigation, the cornstarch used for manufacturing of allopurinol tablets and ready-to-eat food items were found to be the likely sources of the contaminating fungus [26].

The risk factors for mucormycosis vary greatly amongst the developed and developing world [6]. A considerable rise in the number of mucormycosis cases has been reported in developing countries, primarily due to a continued increase in the patient population with uncontrolled diabetes [1,6,13,27]. Although other risk factors such as haematological malignancies and transplants have also been implicated, the overwhelming number of mucormycosis cases with uncontrolled diabetes overshadows the role of these risk factors in such countries [1,6]. From only one tertiary-care centre in India, 129 cases over 10 years (1990-1999), 178 cases during the subsequent 5 years (2000-2004) and then 75 cases in an 18 months period during 2006–2007 were reported [1]. Nearly 23% of these patients were found to be ignorant of their underlying diabetic status before presenting with mucormycosis in the hospital [1]. Furthermore, earthquakes and physical disasters such as the tsunami in Thailand and Sri Lanka have also been linked with the increase in the cases of superficial mucormycosis, due to traumatic inoculation of these fungi into wounds [6,13,25].

Rhino-orbital-cerebral is the commonest clinical form of mucormycosis in developing countries, possibly because of its association with diabetes [1,6,27]. Pulmonary, gastrointestinal and cutaneous types occur in patients with haematological malignancies or neutropenia, severe malnutrition, and trauma or burns, respectively [1,6]. Apart from these common clinical types, isolated renal mucormycosis is being reported as a new clinical entity in India and China [1,28-30]. Although the kidney is involved in nearly 22% cases of disseminated mucormycosis, isolated renal mucormycosis has been described rarely in developed countries [1]. Most of the patients (75%) suffering from isolated renal mucormycosis in India are apparently healthy individuals [1], whereas most cases reported from China possess risk factors for developing mucormycosis, except the paediatric population [28–30]. Cases of necrotizing fasciitis due to zygomycetes, occurring via contaminated intramuscular injections, are also a common finding in developing countries [6,31].

Rhizopus, Mucor and *Lichtheimia* spp. represent the most frequent causative agents of mucormycosis, accounting for 70–80% of all cases [1,32^{••}]. *Apophysomyces, Saksenaea, Rhizomucor, Cunninghamella, Cokeromyces, Actinomucor*, and *Syncephalastrum* spp. have also been implicated [1,6,32^{••}]. Although Mucorales are considered opportunistic pathogens, *Apophysomyces elegans* and *Saksenaea vasiformis* can initiate disease in apparently normal hosts following penetrating trauma during accidents in tropical and subtropical areas $[6,32^{\bullet\bullet}]$. The majority of these patients present with cutaneous mucormycosis only and do not demonstrate any underlying immune system dysfunction $[6,32^{\bullet\bullet}]$; only a few patients manifest rhino-cerebral and pulmonary infections, and have risk factors for developing mucormycosis [6]. Most of the patients (60%) with A. *elegans* infection are from India, where A. *elegans* was first isolated from a mango orchard [6]. However, no correlation between the environmental prevalence of this fungus and clinical cases has been described yet. A few case reports have also described mucormycosis due to other Mucorales such as *Cunninghamella bertholletiae* and *Rhizomucor pusillus* in immunocompetent patients $[32^{\bullet\bullet},33]$.

Several uncommon species such as Mucor irregularis (Rhizomucor variabilis) and Rhizopus homothallicus have been implicated in infections in recent years [34[•],35,36]. Rh. homothallicus has been reported from patients with cavitary pulmonary mucormycosis in India [34[•]]. Cutaneous infection due to M. irregularis has been described as an emerging endemic mucormycosis in China [36–38], mostly occurring in patients belonging to farming communities, with a history of trauma, bites and surgery but without any underlying illness [36–38]. The lesions are observed on exposed locations of the body, mainly the face [36]. All the cases were reported from three adjacent provinces in central and eastern China, including Jiangsu, Shandong and Hebei provinces [36]. No environmental study has yet been conducted to identify the reasons for geographical restriction of this fungus [36]. Recently, the same agent has also been reported from a case of rhino-facial mucormycosis in India [35].

In contrast to Mucorales, Entomophthorales mostly result in slowly progressive, non angio-invasive infections in immunocompetent hosts [6,13,39]. A few cases of acute, invasive infections due to Entomophthorales have also been described [6,13,40,41]. The disease is endemic to regions of the world with tropical climates, and most of the cases have been reported from India, South America, and Africa [6].

Fusariosis

Fusarium spp. are being increasingly implicated in IMIs in developed countries $[3,7^{\circ}]$. The incidence of invasive fusariosis in developing countries is comparatively low, and occasional cases have been reported from Mexico, Brazil, Tunisia, China, Taiwan and India $[7^{\circ},42-45]$. However, keratitis due to Fusarium is a common clinical presentation in developing countries, with F. solani being the principal species implicated in these infections $[9^{\circ\circ},46-52]$. Like Aspergillus, Fusarium causes traumaassociated keratitis, mostly in male agricultural workers, and contact-lens wearers [9^{••}]. Invasive manifestations of fusariosis are usually limited to immunocompromised individuals, with the risk factors similar to those for invasive aspergillosis [7[•],12^{••},53].

Scedosporiosis

Scedosporium spp. are also emerging fungi, and have been isolated from respiratory-tract colonization, superficial or locally-invasive and disseminated infections in immunocompromised patients with risk factors similar to invasive aspergillosis $[3,7^{\bullet}]$. Scedosporium prolificans is relatively more common in a few developed countries (Australia and Spain) compared to the developing countries $[3,7^{\bullet}]$. S. apiospermum has global distribution, frequently in association with water, and is often described as a cause of pneumonia and disseminated infection in near-drowning victims $[3,7^{\bullet},53]$. Occasional cases of scedosporiosis have been reported from India, Korea, Chile, Brazil and Portugal $[5^{\bullet},54-59]$.

Pythiosis

Pythium insidiosum, an opportunistic oomycete (pseudofungi), has been reported almost exclusively from Thailand [60–63]. It is frequently isolated from irrigation water and reservoirs in Thailand, and is endemic in its agricultural regions [61,62]. Pythiosis manifests either in a localized form, such as corneal ulcers or chronic cutaneous lesions, or in a systemic or vascular form [61,62] on the extremities in individuals with underlying haemoglobinopathies [61,62].

Infections due to other moulds

Apart from the common IMIs, several other infections due to hyaline and melanized moulds are emerging in the developing countries, as in the Western world. Many dematiaceous fungi including Alternaria spp., Bipolaris spp., Cladophialophora bantiana, Curvularia spp., Exophiala spp., Fonsecaea pedrosoi, Madurella spp., Phialophora spp., and Scytalidium dimidiatum have been implicated in cutaneous, subcutaneous and corneal infections following traumatic implantation in immunocompetent hosts, usually in the tropics and subtropics $[10^{\bullet\bullet}]$. They are also an important cause of invasive sinusitis in both developed and developing countries [8]. Several species, including C. bantiana, Rhinocladiella mackenziei and Exophiala dermatitidis, cause cerebral infections in immunocompetent hosts, without any obvious risk factors [10^{••}]. Although considered as ubiquitous saprophytes, many dematiaceous fungi occupy specific ecological niches [10^{••}]. R. mackenziei is almost exclusively reported from the Middle East [10^{••}]. However, the disease may not be strictly restricted geographically, as an autochthonous case has been described recently from India [64].

Infections due to *Colletotrichum* spp., though rare, are also emerging [65]. Although only a limited number of species, including *C. dematium*, *C. coccodes*, *C. gloeosporioides*, *C. graminicola*, *C. crassipes*, and *C. truncatum*, are usually implicated in ophthalmic and subcutaneous infections, a series of five cases of ophthalmic infections due to *C. truncatum* has been recently reported from India [65].

Conclusion

Although the precise epidemiology of mould infections in developing countries is not well studied, the available data suggest an alarming increase in IMIs in such countries, especially in aspergillosis and mucormycosis, and also a considerable difference between the common risk factors and causative agents of IMIs in the developed and the developing world. Sino-orbital, cerebral and ophthalmic infections due to A. flavus (in contrast to A. *fumigatus* in the developed world) are the predominant clinical types of aspergillosis in such countries, after pulmonary aspergillosis. Several new risk factors including tuberculosis, diabetes, chronic obstructive pulmonary disease and chronic liver failure have also been associated with these infections. Aspergillus and Fusarium spp. are frequent causes of mycotic keratitis, especially traumaassociated keratitis in agricultural workers. Mucormycosis in developing countries usually manifests as ROC form in patients with uncontrolled diabetes, compared to haematological malignancies in the developed world. Cutaneous infections due to traumatic implantation of A. elegans in immunocompetent individuals are also a common presentation in such regions, especially in India. Isolated renal mucormycosis has emerged as a new clinical entity in India and China. Rh. homothallicus and *M. irregularis* have been reported as new causative agents of mucormycosis in these countries. Many pathogens exhibit a geographically restricted distribution. P. insidiosum, R. mackenziei and M. irregularis have been described almost exclusively from Thailand, the Middle East and China, respectively.

Acknowledgements

Conflicts of interest

There are no conflicts of interest.

References and recommended reading

Papers of particular interest, published within the annual period of review, have been highlighted as:

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Additional references related to this topic can also be found in the Current World Literature section in this issue (pp. 000-000).

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