

# **Mechanistic Assessment of the Efect of Omeprazole on the In Vivo Pharmacokinetics of Itraconazole in Healthy Volunteers**

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## **Abstract**

**Background and Objective** SUBA-itraconazole and Sporanox are two oral formulations of itraconazole. Drug–drug interactions with omeprazole have been previously reported; however, mechanistic understanding of the pharmacological and physiological interactions of omeprazole with orally administered itraconazole within a population modeling paradigm is lacking. The objective of this analysis was to mechanistically describe and quantify the efect of omeprazole on the pharmacokinetics of itraconazole and its major metabolite, hydroxyitraconazole from the SUBA itraconazole and Sporanox formulations.

**Methods** An in vitro–in vivo (IVIV) pharmacokinetic model of itraconazole and hydroxyitraconazole was developed including data from an omeprazole interaction study with SUBA itraconazole. Meta-models of gastric pH for healthy subjects and subjects receiving omeprazole were integrated into the IVIV model to capture omeprazole-mediated gastric pH changes on itraconazole dissolution and absorption.

**Results** Omeprazole infuenced the kinetics of itraconazole through altering the dissolution and absorption due to the pHdependent solubility of itraconazole, inhibition of efflux transporters, and inhibiting the metabolism of itraconazole and hydroxyitraconazole. The model-predicted population efects of omeprazole on itraconazole from SUBA-itraconazole were to increase the area under the concentration–time curve  $(AUC_{0-24})$  and maximum concentration  $(C_{max})$  by 35 and 31%, respectively, and to decrease  $AUC_{0-24}$  and  $C_{\text{max}}$  from Sporanox by 68 and 76%, respectively.

**Conclusion** Unlike SUBA itraconazole, which requires basic pH for itraconazole release, the omeprazole-induced pHmediated reduction in Sporanox dissolution overrides any increased exposure from the drug–drug interaction at hepatic metabolizing enzymes or efflux transporters. The model presented here is the most complete quantitative description of the pharmacokinetics of itraconazole and hydroxyitraconazole currently available.

**Electronic supplementary material** The online version of this article [\(https://doi.org/10.1007/s13318-018-0519-1\)](https://doi.org/10.1007/s13318-018-0519-1) contains supplementary material, which is available to authorized users.

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## **Key Points**

A population in vitro–in vivo pharmacokinetic model was developed to describe and quantitatively predict the difering efect of omeprazole on in vivo itraconazole exposure for the SUBA-itraconazole and Sporanox formulations

Model predictions suggest that omeprazole increases the exposure from SUBA-itraconazole but reduces the exposure from Sporanox

Unlike SUBA-itraconazole, which requires basic pH for itraconazole release from the polymeric matrix, Sporanox is highly dependent on low gastric pH for adequate dissolution and absorption. The signifcant pH-mediated reduction in dissolution and absorption due to increased gastric pH overrides any increased exposure due to drug–drug interaction at the hepatic metabolizing enzymes or P-gp transporters, resulting in an overall reduced itraconazole and hydroxyitraconazole exposure

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# **1 Introduction**

Itraconazole is a broad-spectrum antifungal agent active against a wide range of fungal species. It has been shown to inhibit fungal cytochrome P450 (CYP)-dependent synthesis of ergosterol, which is a vital component of fungal cell membranes [\[1\]](#page-14-0). Itraconazole has low water solubility and high intestinal permeability (BCS class II weakly basic drug, pka 3.7) making itraconazole dissolution, which is pH-dependent, the rate-limiting step for oral absorption. Itraconazole is primarily metabolized by human CYP3A4 enzymes to the active metabolite, hydroxyitraconazole. Itraconazole is a substrate of the ATP-dependent efflux transporter P-glycoprotein (P-gp) [[2\]](#page-14-1).

Sporanox and SUBA-itraconazole are two itraconazole oral capsule formulations each employing diferent formulation strategies to address the solubility limitation of itraconazole. Sporanox (Janssen Pharmaceuticals, Inc.), in which a layer of solid itraconazole is sprayed on onto a sugar sphere core, requires an acidic gastric pH for adequate dissolution and absorption [[3](#page-14-2)]. The SUBAitraconazole capsule (Mayne Pharma, Inc., Salisbury South, South Australia, Australia), is a novel formulation in which itraconazole is presented as a solid dispersion of microparticles within a pH-dependent polymeric matrix. The polymeric matrix dissolves at intestinal ( $pH \sim 6$ ) rather than gastric pH, resulting in substantially enhanced oral bioavailability compared to Sporanox [[4,](#page-14-3) [5](#page-14-4)].

Population pharmacokinetic models of SUBA-itraconazole and Sporanox have been progressively developed by Abuhelwa et al.  $[3-5]$  $[3-5]$  $[3-5]$ . The continued developments include the addition of a pH-dependent dissolution model for Sporanox and SUBA-itraconazole to allow in vitro–in vivo (IVIV) correlation of pH-dependent dissolution and oral absorption [[3](#page-14-2)], meta-analysis models of gastric and intestinal pH and transit times and their variability to inform the in vitro dissolution rate of SUBA-itraconazole and Sporanox  $[6, 7]$  $[6, 7]$  $[6, 7]$  $[6, 7]$ , and the addition of a first-pass metabolism model and revision of non-linear kinetics incorporating literature data for intravenously administered itraconazole [[5](#page-14-4)]. The latter comprehensive population IVIV pharmacokinetic model described the frst-pass metabolism, absolute bioavailability and the relative roles of frst-pass metabolism, absorption, and dose and food efects for Sporanox and SUBA-itraconazole.

Omeprazole is an orally administered proton pump inhibitor (PPI) most commonly used for treatment of peptic ulcer, gastroesophageal refux disease (GORD), refux esophagitis and Zollinger–Ellison syndrome [\[8](#page-14-7)]. Omeprazole irreversibly inhibits  $H + /K + -ATP$ ase and suppresses basal and stimulated gastric acid secretions. The inhibitory efect of omeprazole on gastric acid secretion may last for

2–3 days after single-dose administration and increases upon daily administration for up to 5 days, after which a plateau is reached [[9](#page-14-8)]. Omeprazole is primarily metabolized by CYP3A4 and CYP2C9 enzymes and is a substrate and inhibitor of P-gp efflux transporters  $[10]$  $[10]$ .

Drug–drug interactions of omeprazole with various drugs have been reviewed previously [[11](#page-14-10), [12\]](#page-14-11). However, mechanistic understanding of the pharmacological and physiological interactions of omeprazole with orally administered itraconazole, especially within a population modeling paradigm is lacking.

The objectives of this study were to (1) develop an updated version of the previously published IVIV pharmacokinetic model [[5\]](#page-14-4) by including pharmacokinetic data from the drug–drug interaction study of omeprazole with SUBA-itraconazole capsules and new single- and multidose clinical data for SUBA-itraconazole and Sporanox; and (2) provide a mechanistic understanding and quantitative assessment of the efect of omeprazole on the in vivo pharmacokinetics of itraconazole and hydroxyitraconazole from SUBA-itraconazole and Sporanox formulations.

# **2 Methods**

## **2.1 Study Data Used in the Analysis**

Data used in the analysis included single- and multi-dose intravenous and oral pharmacokinetic data used in the previously published model [\[5](#page-14-4)] in addition to new oral pharmacokinetic data for SUBA-itraconazole 65 mg and Sporanox 100 mg capsules. The previously published model included intravenous itraconazole and hydroxyitraconazole data extracted from the literature (a total of nine cohorts providing a total of 356 extracted mean concentrations of itraconazole and hydroxyitraconazole and randomized crossover design oral pharmacokinetic studies comparing Sporanox with SUBA-itraconazole in healthy volunteers (seven clinical trials providing 24,965 plasma concentrations from 238 subjects) [[5\]](#page-14-4).

New pharmacokinetic data from 5 clinical studies became available since the last published model. A summary of the design and dosing schedule of all oral pharmacokinetic studies used in the current analysis is provided in Table [1,](#page-2-0) a summary of demographic characteristics in Table [2,](#page-3-0) and a summary of the pharmacokinetic sampling times in individual studies in Table S1 of the supplementary material. Of the new clinical studies, there were four multi-dose studies comparing the pharmacokinetics of SUBA-itraconazole 65 mg capsule with Sporanox 100 mg capsule in the fed and fasted states (studies MPG012, MPG013, MPG015, MPG017) and an omeprazole drug interaction study (MPG016) comparing the pharmacokinetics of a single dose

<span id="page-2-0"></span>



All studies were conducted by Mayne Pharma International, Salisbury South, South Australia, Australia

All studies were randomized cross-over design studies with 1, 2 or 4 treatment periods per subject

*q.d* once daily, *b.i.d* twice daily, *t.i.d* three times daily

of  $2 \times$ SUBA-itraconazole 65 mg capsules with and without co-administration of multiple daily doses of 40 mg of omeprazole delayed-release capsule (Sandoz, Inc.) under fasted conditions.

All studies presented in Table [1](#page-2-0) were conducted by Mayne Pharma International, Salisbury South, South Australia, Australia, in accordance with the ICH Guidelines for Good Clinical Practice [[13\]](#page-14-12), the Declaration of Helsinki on the ethical conduct of medical research [\[14\]](#page-14-13), and applicable regulatory requirements. Each subject provided written informed consent before study participation. There were no exclusions or corrections to the supplied data prior to analysis. All available subjects and data points were included in the analysis. Subjects with partial data were included in the analysis where possible. Overall, the model presented here included data from a total of 11 studies of 340 subjects receiving SUBA-itraconazole or Sporanox and providing a total of 36,069 plasma concentrations, with an average of 106 observations per subject.

<span id="page-3-0"></span>**Table 2** Demographic characteristics of study population in single versus multi-dose studies

Demographic	Single-dose studies	Multi-dose studies	All studies
$\boldsymbol{n}$	224	116	340
Age (years)	34.9 (34, 18–59)	$38.5(36.5, 19-67)$	$36.1(35.5, 18-67)$
Weight (kg)	75.9 (75.7, 47.4–110.7)	82.4 (83.2, 53.5–109.5)	78.1 (78, 47.4–110.7)
Height (cm)	173.6 (174.9, 147.7–198.1)	174.4 (174.9, 155–198.1)	173.9 (174.9, 147.7–198.1)
Body mass index $(kg/m^2)$	$25(25.4, 18-30)$	$26.9(27.3, 18.3 - 32.7)$	$25.7(25.9, 18-32.7)$
Sex (male: female)	162:62	77:39	239:101
Race (white:black/african:american/other)	155:39:30	37:53:26	192:92:56
Ethnicity (hispanic: not hispanic)	16:208	5:111	21:319

All values calculated as mean (median, range) unless stated otherwise

*n* is the number of subjects

Overall, 11.43% of the itraconazole and 16.47% of the hydroxyitraconazole data were missing. The missing data were primarily below the lower limit of quantitation (LLOQ) and occurred primarily at the beginning or the end of the observation period. Models accounting for LLOQ-censored data using the YLO and M3 methods investigated previously by Abuhelwa et al. [[4,](#page-14-3) [5](#page-14-4)] and were found to be characterized by unreliable minimization and covariance step status and therefore LLOQ observations were excluded a priori from the dataset (M1 method).

## **2.2 Software**

Modeling was performed using a Dell® Power Edge R910 server with  $4 \times 10$  core Xeon 2.26 Ghz processors running Windows Server 2008 R2 Enterprise 64-bit. Log-transformed plasma concentrations were used for pharmacokinetic modeling. Model development employed non-linear mixed-efect modeling using NONMEM (Version 7.3; ICON Development Solutions, Ellicott City, MD, USA) [\[15](#page-14-14)] with the Wings for NONMEM (version 7.3, Auckland, New Zealand) interface and IFort compiler [\[16\]](#page-14-15). All models were coded using the ADVAN13 subroutine and ft using FOCE-I method. Importance sampling was used to assess the precision of the estimated parameters. Processing NONMEM output and generating plots were conducted with the R Software (Vienna, Austria) Version 3.1.1 or later [[17\]](#page-14-16) using ggplot2, plyr, and scales packages [[18–](#page-14-17)[20](#page-14-18)] and associated dependencies.

## **2.3 Population Model Development**

#### **2.3.1 Updating the Population IVIV Pharmacokinetic Model**

The same structural model of the previously published model [\[5](#page-14-4)] was used as a base model for the full available datasets and all model parameters were re-estimated. Briefy, the previously published model integrated meta-models of gastrointestinal (GI) pH and GI transit time in healthy subjects and in vitro dissolution models of Sporanox and SUBA-itraconazole with the absorption and disposition kinetics of itraconazole and hydroxyitraconazole from Sporanox (100 mg) and SUBA-itraconazole (50 mg) studies. A schematic diagram of the population pharmacokinetic model is presented in Fig. [1.](#page-4-0) Hydroxyitraconazole clearance was described by Michaelis–Menten elimination kinetics and itraconazole clearance was described by a mixed inhibition model that allowed hydroxyitraconazole concentrations to inhibit the clearance of itraconazole, assuming hydroxyitraconazole undergoes further metabolism by the same metabolizing enzymes of itraconazole [[5\]](#page-14-4).

The updated 'base model' was then used for screening of covariates other than those included in the previously published model. Covariates were evaluated for statistical signifcance using a stepwise covariate modelling of forward addition and backward elimination [\[21](#page-14-19)]. The statistical criteria for retaining a covariate in the model were  $p < 0.005$ during forward addition and  $p < 0.001$  for backward elimination. Potential signifcant covariates were identifed by visualizing plots of covariates versus between-subject variability of parameter estimates. Covariates included in the previously published model were tested if they retained signifcance in the updated model by removing each one at a time and observing the objective function value (OFV). An increase in OFV of 10.8 units indicated that a single covariate retained signifcance and therefore stayed in the final model.

## **2.3.2 Omeprazole and Gastric pH**

Meta-models describing fed and fasted GI pH and GI transit time were integrated to the IVIV pharmacokinetic model to capture the efect of these physiological variables on drug release and pharmacokinetics and can be referred to in the previous publication [\[5](#page-14-4)]. In the current analysis, a gastric pH model for healthy subjects receiving omeprazole 40 mg was



<span id="page-4-0"></span>**Fig. 1** Structural diagram of the population in vitro–in vivo pharmacokinetic model.  $K_{tr}$  transit compartment rate constant,  $CL/F$  apparent central clearance, *V2/F*, *V3/F* apparent central and peripheral volume of distribution, respectively,  $Q_2/V_2$ ,  $Q_3/V_3$  apparent compartmental clearances,  $GITT$  gastrointestinal transit time,  $k_d$  dissolution rate constant,  $E_h$  hepatic extraction ratio,  $Q_h$  liver plasma flow,  $V_{max}$  maxi-

also integrated into the model to capture omeprazole gastric pH changes on itraconazole dissolution and absorption. Gastric pH for subjects receiving omeprazole was extracted from a study by Gan et al. [[22\]](#page-14-20). In this study, omeprazole 40 mg was administered daily to eight healthy subjects for 8 days. The reported 24-h median gastric pH of day 7 was 4.93 (inter-quartile range (IQR) 3.84–5.59) compared to placebo (1.68, IQR 1.49–1.96). The mean and standard deviation of gastric pH were therefore estimated from the reported median and IQR using the method described by Wan et al. [\[23](#page-14-21)]. The estimated distribution of gastric pH in healthy subjects receiving omeprazole implemented in the model was  $4.79 \pm 1.56$  (mean  $\pm$  SD).

#### **2.3.3 Model Evaluation**

Visual predictive checks (VPCs) of the fnal updated model [\[24](#page-14-22)] were performed to evaluate the predictive performance and adequacy of the model for describing itraconazole and hydroxyitraconazole concentrations. The fnal model was used to simulate 200 versions of the original dataset based on the fnal estimated parameter values. The observed concentrations and the median and 90% confdence interval of the observed and simulated concentrations were plotted.

#### **2.3.4 Simulations**

Simulations, using the fnal updated model and fnal parameter values, were used to investigate the effects of concomitant omeprazole administration on the predicted itraconazole

mum rate of metabolism;  $KM$  concentration at half  $V_{\text{max}}$ . The figure was reprinted by permission from Springer Customer Service Centre GmbH: Springer Nature, Journal of Pharmacokinetics and Pharmacodynamics, Population in vitro–in vivo pharmacokinetic model of frstpass metabolism: itraconazole and hydroxy-itraconazole, Abuhelwa AY, Mudge S, Upton RN, Foster DJR, 2018

and hydroxyitraconazole exposure from SUBA-itraconazole and Sporanox. Simulations for 1000 subjects receiving single-dose SUBA-itraconazole  $2 \times 65$  mg or Sporanox 2  $\times$  100 mg with or without omeprazole in the fasted state were performed. Simulations assumed a typical individual weight of 70 kg. Pharmacokinetic evaluations were performed at 0.2-h intervals for up to 24 h. Itraconazole and hydroxyitraconazole exposures were assessed by area under the concentration–time curve  $(AUC_{0-24})$ , maximum concentration ( $C_{\text{max}}$ ) and the time at  $C_{\text{max}}$  ( $T_{\text{max}}$ ). The AUC<sub>0–24</sub> was calculated using linear trapezoidal integration of model-predicted concentrations.  $C_{\text{max}}$  and  $T_{\text{max}}$  were collated directly from the simulated data. Calculations were performed in R.

# **3 Results**

## **3.1 IVIV Pharmacokinetic Model**

The previously published IVIV pharmacokinetic model had the following covariate efects in its fnal model—a scale factor on the central volume of distribution for the oral data, allometric scaling of plasma blood flow  $(Q_{h,plasma})$ , a covariate efect parameter of multi-dose studies on the logit-transform fraction absorbed parameter (*LGTF*<sub>abs</sub>), an effect of fed status on  $LGTF_{abs}$  and absorption rate constant  $(K_{tr})$ , and an effect of formulation on *LGTF*<sub>abs</sub>. These covariates remained signifcant in the fnal updated model including all the available datasets. The NONMEM run record of screened covariates in the updated model is provided in Table [3](#page-5-0).

Run number	Model description	<b>OFV</b>	Delta OFV	Minimization
	Base model <sup>a</sup>	$-32492.3$	0	Yes
2	Base model-removing fed status covariate parameter on $LGTF_{abc}$	$-32407.1$	85.2	Yes
3	Base model-removing fed status covariate parameter on absorption rate	$-31767.5$	724.8	N <sub>0</sub>
5	Base model-removing formulation covariate parameter on $LGTF$ <sub>abs</sub>	$-32182.2$	310.1	<b>Yes</b>
4	Base model-removing multi-dose covariate parameter on $LGTF$ <sub>abs</sub>	$-30607.5$	1884.9	N <sub>0</sub>
6	Base model-removing scale factor on central volume of distribution of itraconazole	$-32378$	114.4	<b>Yes</b>
	Base model-adding omeprazole effect on $V_{\text{max}}$ of itraconazole and hydroxyitraconazole	$-32501.4$	$-9$	Yes
8	Base model-adding omeprazole effect on $V_{\text{max}}$ of itraconazole and hydroxyitraconazole and $LGTFabs$	$-32528.5$	$-36.2$	Yes

<span id="page-5-0"></span>**Table 3** Run records of the updated pharmacokinetic model of the combined intravenous and oral pharmacokinetic data

The (+) or (−) sign in the delta OFV column indicate an increase or a drop in the objective function value (OFV), respectively, compared to the base model

*LGTFabs* is the logit-transformed parameter of fraction absorbed, *Vmax,itraconazole,hydroxyitraconazole* is the maximum rate of itraconazole and hydroxyitraconazole metabolism

<sup>a</sup>Base model is the first pass metabolism model including covariate effects as per the published model analysis [[5](#page-14-4)]

Additional covariates were also screened. In particular, the covariate effect of co-administrating omeprazole with the SUBA-itraconazole on the in vivo exposure of itraconazole and hydroxyitraconazole. Despite including the omeprazole gastric pH efects on itraconazole dissolution in the IVIV model, boxplots of ETA versus omeprazole co-administration suggested that omeprazole potentially decreased the metabolism of itraconazole and hydroxyitraconazole and increased the fraction absorbed of itraconazole (Figure S1 in the supplementary material). The covariate effect of omeprazole on the metabolism of itraconazole and hydroxyitraconazole and the fraction of itraconazole absorbed were signifcant and therefore retained in the fnal model.

The fnal pharmacokinetic model parameters for all fxed and random efects are presented in Table [4](#page-6-0). Standard goodness-of-ft plots of oral itraconazole and hydroxyitraconazole concentrations across single and multi-dose studies are presented in Figures S2 and S3 of the supplementary material. As shown in Table [4,](#page-6-0) all fixed and random effects parameters were estimated precisely with acceptable standard errors. The diagnostic plots for itraconazole and hydroxyitraconazole were in general compatible with an unbiased model (Figures S2 and S3) and the data were symmetrically distributed and tightly clustered around the identity lines for both itraconazole and hydroxyitraconazole, indicating that data were adequately described by the population model.

The NONMEM code of the fnal updated IVIV pharmacokinetic model is provided in the supplementary material.

### **3.2 Model Evaluation**

The VPC plots for the fnal model showed the model to have acceptable predictive performance for single- and multi-dose

studies (Figure S4 in the supplementary material). Additionally, the model showed an adequate predictive performance for SUBA-itraconazole administered with or without omeprazole as presented in Fig. [2](#page-7-0). Overall, there was an acceptable agreement between the time course of the median and 5th and 95th percentiles of model predictions and observed data for itraconazole and hydroxyitraconazole.

## **3.3 Captured Omeprazole Efects in the Final Model**

Omeprazole increased the typical fraction of drug absorbed for SUBA-itraconazole by  $\sim$  20% and had a significant effect in reducing the  $V_{\text{max}}$  of itraconazole and hydroxyitraconazole by 12%. A summary of the typical fraction of drug absorbed for Sporanox and SUBA-itraconazole is presented in Table [5](#page-7-1). A tabulated summary of estimated absolute bioavailability for Sporanox and SUBA-itraconazole as a function of total daily dose, fed status and omeprazole use is presented in Table [6](#page-8-0). Boxplots of the estimated post hoc hepatic extraction ratio  $(E_h)$  and absolute bioavailability as a function of the total daily dose of Sporanox and SUBAitraconazole are presented in Figs. [3](#page-8-1) and [4](#page-9-0), respectively.

The typical fraction of drug absorbed (median, 95% confdence interval) for SUBA-itraconazole 130 mg with and without co-administration of omeprazole was (0.89, 0.67–0.97) versus (0.74, 0.41–0.92), respectively. The corresponding estimated absolute bioavailability of SUBA-itraconazole with and without co-administration of omeprazole was (0.56, 0.39–0.72) and (0.48, 0.23–0.69), respectively.

As shown in Fig. [3](#page-8-1) and Fig. [4](#page-9-0), the absolute bioavailability of itraconazole is dependent on the total daily dose where the  $E_h$  decreases with increased daily dose (i.e., concentration) because of the non-linear mixed inhibition metabolism of itraconazole. However, it <span id="page-6-0"></span>**Table 4** Parameter values for the fnal in vitro-in vivo pharmacokinetic model



*BSV* between subject variability, *SD* standard deviation, *%RSE* percent of relative standard error, *Vmax,itraconazole* maximum rate of itraconazole metabolism, *Km,itraconazole* concentration at half Vmax,itraconazole,  $V_2$  central volume of distribution-itraconazole,  $Q_3$  inter-compartmental clearance (1)- itraconazole,  $V_3$ peripheral volume of distribution (1)- itraconazole, *Q4* inter-compartmental clearance (2)- itraconazole, *V4* peripheral volume of distribution (2)- itraconazole, *Vmax,hydroxyitraconazole* maximum rate of hydroxyitraconazole metabolism,  $K_{m,hydroxyitraconazole}$  concentration at half  $V_{\text{max,hydroxyitraconazole}}$ ,  $V_M$  apparent central volume of distribution-hydroxyitraconazole, *KI* inhibition constant, *Ktr* transit absorption rate constant, *SCLV2* scale factor on central volume of distribution of itraconazole, *LGTF<sub>abs</sub>* logit-transformed parameter of fraction absorbed, *FORMF<sub>abs</sub>* effect of formulation on fraction absorbed, *FEDK<sub>tr</sub>* effect of fed status on K<sub>tr</sub>, *FEDF*<sub>abs</sub> effect of fed status on LGTF<sub>abs</sub>, *MULTIF<sub>abs</sub>*-SPO effect of multi-dose Sporanox administration on fraction absorbed, *MULTIF<sub>abs</sub>-SUBA* effect of multi-dose SUBA-itraconazole administration on fraction absorbed, *PPICOVV<sub>max</sub>* effect of omeprazole on V<sub>max,itraconazole</sub> and V<sub>max,hydroxyitraconazole</sub>, *PPICOVF<sub>abs</sub>* effect of omeprazole on F<sub>abs</sub>, *STUDY705COVV*<sub>max</sub> study 10850705 effect on V<sub>max,itraconazole</sub> and V<sub>max,hydroxyitraconazole</sub>, *K*<sub>d2</sub>-Spo*ranox* pH-independent pathway dissolution parameter for Sporanox, *Kd2-SUBA-itraconazole* pH-independent pathway dissolution parameter for SUBA-itraconazole, *RUVCVIVP* proportional residual error-intravenous itraconazole, *RUVCVIVM* proportional residual error-intravenous hydroxyitraconazole, *RUVCVSORALP* proportional residual error-oral single-dose studies-itraconazole, *RUVCVSORALM* proportional residual error of oral single studies-hydroxyitraconazole, *RUVCVMORALP* proportional residual error of oral multidose studies-itraconazole, *RUVCVMORALM* proportional residual error of oral multi-dose studies-hydroxyitraconazole, *RUVADDMORALP* additive residual error of oral multi-dose studies-itraconazole, *RUVAD-DMORALM* additive residual error of oral multi-dose studies-hydroxyitraconazole

a Population typical value



Time after dose (hours)

<span id="page-7-0"></span>**Fig. 2** Final in vitro–in vivo pharmacokinetic model-visual predictive checks of SUBA-itraconazole administered with or without omeprazole. Open circles represent observed itraconazole or hydroxyitraconazole concentrations. The solid black lines represent the 5th, 50th,

and 95th percentiles of the simulated concentrations. The shaded areas represent the 90% confdence interval of the 5th, 50th, and 95th percentiles of the simulated concentrations. The solid red line represents the median of the observed concentrations



Values calculated as mean (median, 90% confdence interval)

is noticeable from Fig. [4](#page-9-0) that the absolute bioavailability for the 600 mg daily dose of Sporanox and the 390 mg daily dose of SUBA-itraconazole (MPG013 study) are lower than the 400 mg daily dose of Sporanox (MPG015 and 10850706 studies) and the 260 mg daily dose of SUBA-itraconazole (MPG015 study). This is because the hepatic metabolism of itraconazole is concentration dependent; the MPG013 study was performed for 3 days only while subjects in MPG015 and 10850706 studies received itraconazole dosing for 15 days. Therefore, more of the drug accumulated in MPG015 and 10850706 subjects (i.e., higher

<span id="page-7-1"></span>**Table 5** Typical estimated fraction of itraconazole absorbed from Sporanox and SUBA-itraconazole

<span id="page-8-0"></span>



Values calculated as mean (median, 90% confdence interval)

a Regardless of fed status and daily dose



<span id="page-8-1"></span>**Fig. 3** Estimated post hoc hepatic extraction ratio  $(E_h)$  for Sporanox and SUBA-itraconazole as a function of total daily dose after singleand multi-dose administration. The bottom and top of each box rep-

concentrations, lower  $E_h$ ) compared to MPG013 subjects (i.e., lower concentrations, higher  $E_h$ ), which resulted in lower absolute bioavailability as absolute bioavailability =  $F_{\text{abs}} \times (1 - E_h)$ .

resent the 25th and 75th percentiles and the line in the middle is the median. The whiskers represent  $\leq 1.5$  times the interquartile range. The dotted points represent outliers outside the whiskers

## **3.4 Simulations: Omeprazole Efects**

The population effect of omeprazole on the modelpredicted itraconazole and hydroxyitraconazole



<span id="page-9-0"></span>**Fig. 4** Estimated post hoc absolute bioavailability of Sporanox and SUBA-itraconazole as a function of total daily dose after single- and multi-dose administration. The bottom and top of each box represent

the 25th and 75th percentiles and the line in the middle is the median. The whiskers represent  $\leq 1.5$  times the interquartile range. The dotted points represent outliers outside the whiskers



<span id="page-9-1"></span>**Fig. 5** Population efect of omeprazole on Sporanox and SUBA-itraconazole mean concentration pharmacokinetic profles of itraconazole and hydroxyitraconazole. Model-predicted concentration profle

after single-dose 130 mg SUBA-itraconazole and 200 mg Sporanox based on 1000 simulated subjects per dose

concentrations from Sporanox and SUBA-itraconazole formulations is shown in Fig. [5](#page-9-1), while the effect on model-predicted NCA metrics is shown in Fig. [6](#page-10-0) and tabulated in Table [7](#page-11-0). The population effect of omeprazole co-administration with SUBA-itraconazole was to increase the itraconazole mean  $AUC_{0-24}$  to 135% and to increase  $C_{\text{max}}$  to 131% of that of SUBAitraconazole without omeprazole co-administration.



<span id="page-10-0"></span>**Fig. 6** Model-predicted omeprazole efect on itraconazole and hydroxyitraconazole NCA metrics. Model-predicted itraconazole and hydroxyitraconazole, AUC<sub>0–24</sub> (upper) and *C*<sub>max</sub> (lower) after singledose 130 mg SUBA-itraconazole and 200 mg Sporanox based on

The predicted itraconazole  $T_{\text{max}}$  (mean, 95% CI) upon omeprazole co-administration with SUBA-itraconazole was (3.6, 1.6–6.2 h) which was not significantly different to that of SUBA-itraconazole treatment only (3.7, 1.8–6.4 h). A similar pattern of corresponding effects 1000 simulated subjects per dose. The bottom and top of each box represent the 25th and 75th percentiles and the line in the middle is the median. The whiskers represent  $\leq 1.5$  times the interquartile range. The dotted points represent outliers outside the whiskers

was observed on the hydroxyitraconazole exposure metrics.

Opposite efects were observed for predicted Sporanox exposure metrics. The net effect of omeprazole was to decrease the mean  $AUC_{0-24}$  of itraconazole to 32.3% and to





CV coefficient of variation, CI confidence interval, gmean geometric mean,  $AUC_{0-24}$  the area under the concentration-time curve from time zero to 24 h,  $C_{max}$  the maximum concentration,  $T_{max}$ 

CV coefficient of variation, CI confidence interval, *gmean* geometric mean,  $AUC_{0-24}$  the area under the concentration-time curve from time zero to 24 h,  $C_{max}$  the maximum concentration,  $T_{max}$  the time at  $C_{max}$ 

<span id="page-11-0"></span>the time at  $C_{\rm max}$ 

decrease  $C_{\text{max}}$  to 24% of that without omeprazole treatment. A similar pattern of corresponding efects was observed on the hydroxyitraconazole exposure metrics. The predicted itraconazole  $T_{\text{max}}$  (mean, 95% CI) upon omeprazole coadministration with Sporanox was longer and highly variable due to the high variability in the reported gastric pH value upon omeprazole co-administration (18.6, 3.4–24 h) compared to healthy subjects receiving Sporanox treatment only (3.9, 2.4–6.4 h). However, as detailed in the discussion section, Sporanox has minimal dissolution at  $pH > 4$ [\[3](#page-14-2)] which makes dissolution rate, and hence the absorption rate, to be much slower than the elimination rate and, therefore, simulated subjects with gastric pH>4 would show a fip-fop kinetic behavior of itraconazole where the terminal phase of pharmacokinetic profle represents the absorption rather than elimination. The latter behavior resulted in long simulated  $T_{\text{max}}$  values for subjects where the absorption is slower than the elimination (left-skewed  $T_{\text{max}}$  distribution). However, as appears in Fig. [5,](#page-9-1) the  $T_{\text{max}}$  of the mean simulated itraconazole and hydroxyitraconazole concentrations with and without omeprazole co-administration treatments, respectively, were ~ 4.6 h and 3.90 h for itraconazole and 6.74 h and 5.10 h for hydroxyitraconazole.

# **4 Discussion**

Here, we have presented an updated version of the previously published IVIV pharmacokinetic model [[5\]](#page-14-4) for SUBA-itraconazole and Sporanox capsules. The updated model included additional pharmacokinetic data from 5 clinical studies and, importantly, a drug–drug interaction study of steady-state omeprazole administration with SUBAitraconazole. The present analysis focused particularly on mechanistic investigation and quantitative prediction of the efects of omeprazole on the in vivo pharmacokinetics of SUBA-itraconazole and Sporanox.

The same structural model of the previously published model was used here with all model parameters re-estimated after including the full available datasets from all studies. The fnal updated model described the frst-pass metabolism, absolute bioavailability, GI pH, GI transit times and omeprazole efects, and the relative roles of frst-pass metabolism and absorption and food efects on itraconazole and hydroxyitraconazole from SUBA-itraconazole and Sporanox. The estimated itraconazole and hydroxyitraconazole disposition parameters in the updated model were not signifcantly different to the published model except for  $V_{\text{amx,itraconazole}}$  and *K*m,itraconazole. However, the latter two parameters are highly correlated and the  $K_{m,i\text{traconazole}}/V_{\text{max,itraconazole}}$  ratio was similar between the updated and previously published model. Food effects on itraconazole and hydroxyitraconazole pharmacokinetics, captured in the fnal updated model, were

similar to those of the previously published model and will be discussed here.

The fnal model has identifed mechanistic mechanisms of the drug–drug interactions of omeprazole with itraconazole and hydroxyitraconazole which were found to be signifcant in the fnal model. Generally, pharmacokinetic drug–drug interaction mechanisms of omeprazole may involve alternation of hepatic drug metabolism and/or alternation of drug absorption mediated via elevation of gastric pH and/ or interaction of omeprazole with the ATP-dependent efflux transporters [[12\]](#page-14-11). The fnal model indicated that omeprazole increased the exposure of itraconazole and hydroxyitraconazole from SUBA-itraconazole through two main mechanisms—(1) a drug–drug interaction at the level of hepatic metabolizing enzymes, and (2) increasing the fraction of itraconazole absorbed from the GI tract, while the impact of pH-mediated on dissolution and absorption was minimal.

Omeprazole is extensively metabolized by the liver, mainly via CYP2C19 and CYP3A4 [\[10](#page-14-9)], and itraconazole by CYP3A4 enzymes which can lead to competitive inhibition of itraconazole metabolism. The mixed inhibition clearance model of itraconazole assumes that hydroxyitraconazole undergoes further metabolism by the same metabolizing enzymes of itraconazole [[5](#page-14-4)]; therefore, a similar effect on hydroxyitraconazole metabolism was also captured in the fnal model. The CYP3A4-mediated omeprazole competitive inhibition has been reported in various literature studies [[25](#page-14-23)–[27\]](#page-14-24). Multi-dose administration of omeprazole for 2 weeks (20 mg once daily) signifcantly increased the AUC  $_{0-inf}$  of carbamazepine to 175% and decreased the clearance to  $60\%$  in patients with a duodenal ulcer  $[25]$  $[25]$ . The increase in carbamazepine exposure was thought to be attributed to the inhibition of CYP3A4-mediated carbamazepine oxidative metabolism by omeprazole. Similarly, clinically signifcant drug interactions have been associated with co-administration of omeprazole and tacrolimus which were mainly attributed to the shared CYP3A4 metabolism pathways for these drugs, especially in patients who are CYP2C19 poor metabolizers [[27\]](#page-14-24).

Alternation of the amount of drug absorbed upon concomitant administration of omeprazole might be related to omeprazole pH-mediated efects on drug release or alternation of active transport processes, particularly the P-gp transporters. Omeprazole increases mean gastric pH (mean  $\pm$  SD) from 1.88  $\pm$  0.46 in healthy subjects not receiving omeprazole [[6](#page-14-5)] to  $4.79 \pm 1.56$  [[22\]](#page-14-20) in healthy subjects receiving 40 mg omeprazole, and this impact was incorporated into the IVIV model. However, the SUBAitraconazole formulation is designed to dissolve at high pH  $(pH \sim 6)$  and, therefore, is dependent on intestinal rather than gastric pH [[3\]](#page-14-2). Thus, an increase in gastric pH to 4.79 was unlikely to infuence the amount of itraconazole released from SUBA-itraconazole as the drug is released

at intestinal pH which rules out gastric pH efects on altering drug dissolution and absorption. Hence, the increased amount of drug absorbed was most likely attributed to altered active transport processes for itraconazole. Itraconazole is a substrate for P-gp transporters and omeprazole is a known inhibitor for P-gp function [\[10\]](#page-14-9). Therefore, the increased amount of itraconazole absorbed was most likely due to the interaction of omeprazole at the transport level inhibiting P-gp transporters and thus increasing the amount of dissolved drug that is absorbed. Evidence that proton pump inhibitors, including omeprazole, are substrates and inhibitors for P-gp has been reported in various literature reports [[10](#page-14-9), [28](#page-14-25)]. P-gp is a major determinant of digoxin absorption from the GI tract and omeprazole has been shown to increase the absorption permeability of digoxin to 2.6-fold across the colonic carcinoma cell line (Caco-2) [[28\]](#page-14-25). Following multi-dose administration of 20 mg omeprazole, the digoxin exposure from a single dose of 1 mg digoxin was elevated by 10% for AUC and *C*max, and two of 10 subjects included in the study had a 30% increase in exposure [[29](#page-14-26)].

The model-predicted population effects of omeprazole on exposure from SUBA-itraconazole were shown to increase itraconazole  $AUC_{0-24}$  and  $C_{\text{max}}$  by 35 and 31%, respectively. The increased itraconazole exposure from SUBA-itraconazole was consistent with the observed data from the omeprazole interaction study (MPG016) and consistent with the fact that the formulation is designed to release the drug at intestinal pH and, therefore, alteration of gastric pH by omeprazole is unlikely to influence drug release. Thus, the net omeprazole effect would be an increase the exposure of itraconazole and hydroxyitraconazole as a result of the interaction with the p-gp and drug metabolism. On the contrary, the model-predicted population effects of omeprazole on exposure from Sporanox were shown to decrease itraconazole  $AUC_{0-24}$  and *C*max by 68 and 76%, respectively. The Sporanox capsule is highly dependent on low gastric pH for adequate dissolution of the solid encapsulated drug. When co-administered with omeprazole, gastric pH increases to > 4 at which itraconazole from Sporanox is nearly insoluble [[3](#page-14-2)]. The significant pH-mediated reduction in dissolution and absorption due to increased gastric pH overrides any increased exposure due to drug–drug interaction at the CYP enzymes or interaction with P-gp transporters, resulting in an overall reduced itraconazole and hydroxyitraconazole exposure. Reduced itraconazole and hydroxyitraconazole exposure from Sporanox upon coadministration with omeprazole is consistent with several literature reports that studied the effect of omeprazole [[30](#page-14-27)] or antacid suspension [[31](#page-14-28)] on the pharmacokinetics of Sporanox capsules [\[30](#page-14-27)]. Jaruratanasirikul et al. [[30\]](#page-14-27) showed that with concomitant omeprazole treatment (40 mg once daily) for 2 weeks, the mean  $AUC_{0-24}$  and *C*max from 200 mg single-dose Sporal (Janssen Pharmaceuticals, Inc.) were reduced by 64% and 66%, respectively. Along the same line, Lohitnavy et al. [\[31\]](#page-14-28) showed that the exposure of itraconazole from 200 mg Sporal capsule was reduced by 66% and 70% for mean  $AUC_{0-24}$ and  $C_{\text{max}}$ , respectively. The results obtained from both latter studies are consistent with model predictions presented here (Table [7](#page-11-0)), indicating the validity of the IVIV model in predicting the effects of omeprazole and gastric pH changes on the in vivo exposure of itraconazole and hydroxyitraconazole.

# **5 Conclusion**

The IVIV pharmacokinetic model reported here is the most complete quantitative description of the clinical pharmacokinetics of itraconazole and hydroxyitraconazole currently available. It provides a good description of an extensive set of literature and clinical study datasets. It provides semimechanistic descriptions of the important role of non-linear kinetics for itraconazole and hydroxyitraconazole, and describes and quantitatively predicts the efect of omeprazole, gastric pH and food on the in vivo exposure of itraconazole and hydroxyitraconazole from SUBA-itraconazole and Sporanox formulations.

**Acknowledgements** AYA is supported at the School of Pharmacy and Medical Sciences at the University of South Australia by a Science and Industry Endowment Fund STEM +Business Fellowship of the Commonwealth Scientifc and Industrial Research Organisation. The Australian Centre for Pharmacometrics is an initiative of the Australian Government as part of the National Collaborative Research Infrastructure Strategy.

#### **Compliance with Ethical Standards**

**Funding** All pharmacokinetic studies of Sporanox and SUBA-itraconazole used in the analysis were sponsored by Mayne Pharma International, Salisbury South, South Australia, Australia.

**Conflict of Interest** SM is an employee at Mayne Pharma. DJRF, RNU and AYA have acted as paid consultants for Mayne Pharma International, Salisbury South, South Australia, Australia.

**Ethical Approval** All oral pharmacokinetic studies were conducted by Mayne Pharma International, Salisbury South, South Australia, Australia, in accordance with the ICH Guidelines for Good Clinical Practice, the Declaration of Helsinki on the ethical conduct of medical research, and applicable regulatory requirements.

**Informed Consent** Each subject provided written informed consent before study participation.

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